

# FRONT & CENTER

Providing News to Our Veterans

November 2012



## LET US SERVE YOU

**U**.S. Army Reserves Staff Sergeant Craig Pienkoski has been in the Army Reserves for 12 years, including a deployment to Iraq from

2004-2005. He currently works as an Army Reserves Career Counselor and comes to VA Butler Healthcare for all of his medical needs.

“I signed up for VA care over six years ago. I knew as a Veteran I could receive VA care after returning from Iraq,” said Craig. “I also wanted to come to VA Butler Healthcare because I knew I’d be in good hands. VA employees really care for Veterans of all eras and wars and want to help them with anything they may need.”

One of the things Craig enjoys most about the VA is its online presence and accessibility. “I really like the online features the VA

has to offer, especially with setting up appointments and being able to track your medical records online.”

Craig is a My HealthVet user. My HealthVet is VA’s online personal health record. Registered Veterans can track their health, view their lab results, refill prescriptions, and even communicate with their doctor through Secure Messaging. In addition to all the online features My HealthVet offers, VA is also available 24/7 online through its websites, blog, and social media sites.

“The VA offers great programs, the employees are sincere, and the structure

in place from checking-in to receiving treatment is great,” said Craig. “It has been a great privilege to be a Veteran to this great nation, and I am blessed to have such great individuals taking care of our Veterans at the VA on a daily basis. It is good to know that all service members have a place to go when it comes to health care and that they will receive the best treatment possible.”

You served, now let us serve you. Not sure if you’re eligible? Come visit us at VA Butler Healthcare and let us make that determination. You may also call 800-362-8262, ext. 5011 to learn more. ★

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Craig Pienkoski, U.S. Army Reserves Veteran

## THIS MONTH IN HISTORY...NOVEMBER

- 11** Construction begins on the naval base at Pearl Harbor in Hawaii (1909)
- 13** Harvard’s Paul Zoll becomes the first man to use electric shock to treat cardiac arrest (1952)
- 14** Lieutenant Eugene Ely, U.S. Navy, becomes the first man to take off in an airplane from the deck of a ship [He flew from the ship Birmingham to Hampton Roads to Norfolk.] (1910)
- 15** The first submarine with nuclear missiles, USS George Washington, takes to sea from Charleston, SC (1960)
- 17** The first national Great American Smokeout is held (1977)
- 23** President Harding signs the Willis Campell Act, better known as the anti-beer bill. [It forbids doctors to prescribe beer or liquor for medicinal purposes.] (1921)



## THANK YOU VETERANS!

On Veterans Day, we pay tribute to our Veterans, to the fallen, and to their families. We at VA Butler Healthcare offer our sincerest appreciation and respect to our Veterans today and every day. Thank you for your honor, service and sacrifice.





## NEW DAV VANS FOR VETERANS

The Disabled American Veterans (DAV) recently donated two new vans to VA Butler Healthcare for use in the DAV Transportation Network Service. The two vans will be used at the Michael A. Marzano VA Outpatient Clinic in Mercer County for transporting Veterans to VA Butler and VA Pittsburgh.

We understand traveling a long distance and not having the ability to drive yourself can make it hard to get here for your VA appointments, but we can help! Learn more about VA transportation resources by talking to your health care team or calling 800.362.8262. ★

We want to hear from you!  
Email [amanda.kurtz2@va.gov](mailto:amanda.kurtz2@va.gov) or  
[lauren.heiger@va.gov](mailto:lauren.heiger@va.gov) to share  
your story with us!

VA Butler Healthcare wishes you a  
Happy & Healthy Thanksgiving!

## NOVEMBER IS NATIONAL LUNG CANCER AWARENESS MONTH

Lung cancer is the leading cause of cancer deaths in both men and women. Smoking causes 80 to 90 percent of cases of lung cancer. Become tobacco free – and avoid secondhand smoke when possible.

Talk to your VA Provider today about how to quit tobacco, including getting medication to improve your chances of quitting – or asking for a referral to VA's tobacco cessation classes and support groups. You may also contact VA Butler's Tobacco Cessation Lead Clinician at 724.287.2738 or visit [www.prevention.va.gov/Be\\_Tobacco\\_Free.asp](http://www.prevention.va.gov/Be_Tobacco_Free.asp) for information. ★



WebDonuts.com



## NOVEMBER FLU CLINICS AND HEALTH FAIRS

The single *best* way to protect against the flu is to get vaccinated each year. VA Butler Healthcare is offering flu vaccinations clinics at health fairs to Veterans at the main campus and other community locations this month. For more information, call 724.285.2223.

**November 3, 2012**  
**9am - 3pm**

*(flu clinic only)*  
VA Butler Healthcare  
Primary Care Clinic  
325 New Castle Rd,  
Butler, PA 16001

**November 7, 2012**  
**7am - 12pm**

VA Butler Healthcare  
Bldg 1, Auditorium  
325 New Castle Rd,  
Butler, PA 16001

**November 10, 2012**  
**10am - 2pm**

Michael A. Marzano  
VA Outpatient Clinic  
295 Kerrwood Drive,  
Suite 110  
Hermitage PA 16148

**November 13, 2012**  
**10am - 2pm**

VFW #519  
220 Blair Street  
Grove City, PA 16127

**November 15, 2012**  
**10am - 2pm**

American Legion #299  
1395 E State Street  
Sharon, PA 16146

## EVENTS

- 11 **November Podcast • MOVE! Program**  
Thursday, Nov. 1 • 12-12:30 pm  
Call in: 724.444.7444 (Call ID: 85029)
- 12 **Annual Veterans Day Ceremony**  
Monday, Nov. 12. 11 • 9 am  
VA Butler Healthcare Auditorium



325 new castle road · butler pa 16001

800.362.8262  
724.287.4781



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